The wishing of Biddy Malone

AUTHOR       Cowley, Joy
CALL NO       J P COW

Biddy Malone is asked by a little faerie to make three wishes. While waiting for the wishes to come true, she realizes that it is not the magical power of the faerie that brings her success, but her own determination and self-discipline.

SUBJECT HEADINGS
Self-actualization

No hitting - a lift-the-flap book

AUTHOR       Katz Karen
CALL NO       J P KAT

A cute lift-the-flap book which offers positive ways of venting your anger or frustration.

SUBJECT HEADINGS
Behaviour, anger
That makes me mad!
AUTHOR Kroll Steven
CALL NO JP KRO
A little girl gets mad at many things in her daily life but is comforted when her mother understands her anger.
SUBJECT HEADINGS
Behaviour, anger

Big and noisy Simon
AUTHOR Wallace Joseph
CALL NO JP WAL
Simon is big and noisy. When his father brings him to Africa, he is put to shame when he realizes that even the big and noisy elephants can be quiet at the right time.
SUBJECT HEADINGS
Self-control

Self-discipline
AUTHOR Miller Connie Colwell
CALL NO JP 179 MIL
Teaches self-discipline in schools, being with friends, at home and in the community. Exemplary people with high self-discipline like Helen Keller are used as examples to illustrate the importance of self-discipline.
SUBJECT HEADINGS
Self-control

Determination
AUTHOR Raatma Lucia
CALL NO JP 179 RAA
Explains the importance of determination and how having determination at home, with friends, at school, at play, with hobbies, etc, helps you accomplish your goals.
SUBJECT HEADINGS
Determination, Perseverance

Sour snacks
AUTHOR Hodgson Mona Gansberg
CALL NO JS HOD
Wanda the rabbit is taking part in a race but she has gained too much weight due to excessive snacking. Will Wanda be able to exercise self-control to practice more and curb her craving for snacks?
SUBJECT HEADINGS
Weight control
Seventh-grader Donald, living with his parents in New Jersey, is determined to master wrestling but discovers that to win at the sport he must learn to control his temper.

**SUBJECT HEADINGS**
Self-control

The children of Timpetill are so ill-behaved and have created so much trouble in the town that one night, all the adults decide to leave the town to discipline them.

**SUBJECT HEADINGS**
Behaviour, Self-reliance

Learn the correct and healthy way of handling anger. Learn what causes anger and how to deal with it.

**SUBJECT HEADINGS**
Anger

After a day filled with one frustration after another, Penny is very angry. Then her Aunt Rose, a school counselor, tells Penny that it is okay to feel angry, but Penny must learn to deal with negative feelings in positive ways.

**SUBJECT HEADINGS**
Anger management